SCS

SPORTS GUIDE

2026–27

PE • Games • Fixtures • Clubs • Scholarships

A practical guide for pupils and parents

Welcome to Sport at SCS

Sport is a central part of life at Salisbury Cathedral School. Our programme is designed to help every pupil develop physically, socially and personally, while providing meaningful opportunities for pupils who want to compete, perform and pursue sporting excellence.

Across PE lessons, Games, fixtures, festivals, clubs and our Sports Scholarship Programme, we aim to develop confidence, teamwork, resilience, discipline and sportsmanship. We want every pupil to enjoy being active, feel a sense of achievement and have the opportunity to discover and develop their sporting strengths.

At a glance

Area	What parents and pupils need to know
PE & Games	A broad curriculum, adapted where necessary for weather and fixture demands.
Fixtures & Festivals	Competitive and inclusive opportunities across Years 3–8.
Sports Kit	Termly and sport-specific requirements, with clear expectations.
SOCS	The main place for team lists, timings, venues, cancellations and travel arrangements.
Clubs	Internal and external opportunities at lunchtime, breaktime and after school.
Sporting Pathway	Three structured programmes supporting pupils.
Community Links	Local club connections to support sporting development beyond school.

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1. Pupils' Code of Conduct

Our expectations are designed to keep pupils safe, organised and ready to learn. They also reflect the SCS values of respect, responsibility and sportsmanship.

PE & Games lessons

- I will line up outside the changing rooms before a PE or games lesson.
- Only enter the changing rooms when a member of staff gives permission.
- I will keep my PE kit stored in my locker when it is not being used.
- I will clearly label all of my kit with my full name and take responsibility for looking after it.
- I will use the kit list to make sure I am correctly dressed, including removing jewellery and tying back long hair.
- I will change sensibly and be ready within the 8-minute changing time.
- Ask a member of staff at the Games Shed if you need equipment. Pupils must not enter the Games Shed.
- Once changed, go to your designated area and begin an independent warm-up.
- I will give my best effort and show respect to staff, teammates, opponents and other pupils.
- I will help clear away equipment and return it to the games shed as directed.

Jewellery & ear piercings

For safety, pupils should not wear earrings or other jewellery during sport. We recommend that ears are pierced during the summer holidays so there is sufficient time for healing before the school year begins.

Earrings must be removed for PE, Games and fixtures; they must not be covered with tape. If earrings cannot be removed, participation may be limited to non-contact drills or individual skills practice, in line with the relevant sport's safety requirements.

Where jewellery is worn for religious reasons, the item should be appropriately covered with a sweatband where this is safe and practical.

Fixtures

- I will check the team sheet in advance so I know where and when I am playing.
- I will tell my teacher about any potential clashes as early as possible.
- I will welcome visiting pupils and staff and treat them with the same respect as members of SCS.
- I will wait for my teacher to dismiss you from a fixture before leaving or being signed out.
- I will wait for my teacher before going to match tea and allow the visiting team to go first.
- I will take part in pupils' match tea rather than sitting with parents while match tea is taking place.

2. Curriculum

The curriculum gives an overview of our planned PE and Games programme. It is a guide rather than a fixed timetable: activities may change from week to week because of weather conditions, fixture requirements, facilities or other operational needs.

HRE = Health Related Exercise • OAA = Outdoor and Adventurous Activities

Pre Prep Sport Curriculum Map

		Michaelmas 1	Michaelmas 2	Lent 1	Lent 2	Trinity 1	Trinity 2
Nursery		Move & Explore	Balance & Control	Ball Skills	Move Together	Active Adventures	Run, Jump & Throw
Reception	PE	Multi Sports	Multi Sports	Dance	Physical Literacy	Athletic foundations (Sports day prep)	Swimming
Year 1	PE	Swimming	Swimming	Dance / Gymnastics	Physical Literacy	Athletic foundations (Sports day prep)	Swimming
	Games	Fundamental Movement Skills	Multi Skills	OAA	Invasion Games	Mini athletics	Striking and Fielding
Year 2	PE	Swimming	Swimming	Dance / Gymnastics	Physical Literacy	Athletic foundations (Sports day prep)	Swimming
	Games	Introduction to Football	Introduction to Tag rugby	Introduction to Buzzers Netball	Introduction to Hockey	Introduction to Athletics	Introduction to Cricket

Y3 and Y4 Sport Curriculum Map

		Michaelmas 1	**Michaelmas 2**	**Lent 1**	**Lent 2**	**Trinity 1**	**Trinity 2**
Year 3 and 4	PE	HRE	OAA / Team Building	Invasion Games	Athletics	Swimming	Swimming
	Games	Football	Tag Rugby / Contact	Hockey	Netball	Cricket	Cricket

Y5 and Y6 Sport Girls Curriculum Map

Year 5 / 6 Girls	Michaelmas 1	Michaelmas 2	Lent 1	Lent 2	Trinity 1	Trinity 2
PE	HRE	OAA / Team Building	Handball	Athletics	Swimming	Swimming
Games	Football	Hockey	Netball	Netball	Cricket	Cricket

Y5 and Y6 Sport Boys Curriculum Map

Year 5 / 6 Boys	Michaelmas 1	Michaelmas 2	Lent 1	Lent 2	Trinity 1	Trinity 2
PE	HRE	OAA / Team Building	Handball	Athletics	Swimming	Swimming
Games	Football	Rugby	Hockey		Cricket	Cricket

Y7 and Y8 Sport Girls Curriculum Map

Year 7 / 8 Girls	Michaelmas 1	Michaelmas 2	Lent 1	Lent 2	Trinity 1	Trinity 2
PE	HRE	OAA / Team Building	Handball	Athletics	Athletics/Swimming	Swimming
Games 1	Football	Hockey	Netball		Cricket	Cricket
Games 2	Choice					

Y7 and Y8 Sport Boys Curriculum Map

Year 7 / 8 Boys	Michaelmas 1	Michaelmas 2	Lent 1	Lent 2	Trinity 1	Trinity 2
PE	HRE	OAA / Team Building	Handball	Athletics	Athletics/Swimming	Swimming
Games 1	Football	Rugby	Hockey		Cricket	Cricket
Games 2	Choice					

3. Sports Kit

Correct kit helps pupils participate safely, comfortably and confidently. All items should be clearly named, including socks. Pupils in Years 3–8 will be allocated a locker at the start of the year, and PE bags should be stored inside the locker.

Key kit expectations

- Two pairs of trainers are required: one suitable for indoor use and the Astro, and one suitable for the field.
- Children must have a pair of football boots. Football boots can be worn for Rugby, but Rgby boots are not suitable for football.
- Tracksuit bottoms and a hoodie must be kept in school throughout the year because they are required when travelling to and from fixtures.
- For PE lessons, except swimming, pupils should wear their House top.
- In Trinity Term, pupils must bring a cricket cap or sun hat and sunscreen.
- All items on the kit list are compulsory unless marked with an asterisk (*).
- The School Nurse may be able to provide forgotten kit, but this cannot be guaranteed.
- Any borrowed kit that is not returned may be added to the school bill.
- Gumshields cannot be returned once issued.

Ear piercing

Please avoid having ears pierced during the school year. If ears are pierced during term time, pupils will not be permitted to tape earrings and may be unable to take part in fixtures or contact activities. They may participate in suitable non-contact skills sessions where appropriate.

Core PE Kit	Football	Rugby	Hockey
SCS Polo Shirt	Football Boots	Rugby / Football Boots	Trainers / Astros
SCS Skort / Shorts	Shin Pads	Gumshield	Gumshield
SCS Tracksuit Bottoms	SCS Long Socks	SCS Rugby Top	Shin Pads
SCS Hoodie	SCS Polo Shirt	SCS Skort / Shorts	SCS Long Socks
SCS Long Socks	*Navy Base Layer	SCS Polo Shirt	SCS Polo Shirt
House Top (PE lessons only)		*Navy Base Layer	*Navy Base Layer
Trainers (Indoor/Astro)			*Hockey Stick

Swimming	Netball / Choice Sports	Cricket (General)	Cricket (Hardball)
Navy Swimsuit / Trunks	Trainers	SCS White Cricket Top	*Helmet
Swimming Cap	SCS Polo Shirt	Cricket White Trousers	Abdominal Guard / Box
Swimming Goggles	SCS Skort / Shorts	White Socks	*Thigh Pad
Towel	*Navy Base Layer	SCS Skort / Shorts	*Leg Pads
*Flip Flops	Water Bottle	Trainers	*Cricket Hat
Water Bottle		SCS Polo Shirt	*Cricket Bat
		*Navy Base Layer	

4. Off Games / Non-Participation Protocol

We recognise that there may be occasions when a pupil is unable to participate fully in PE, Games or a fixture. Our aim is to keep pupils safe while maintaining their involvement wherever possible.

If your child cannot participate

- Send a note or email on the day of the lesson or fixture explaining the reason for non-participation.
- Clearly ask for the pupil to be excused and state whether the issue is an injury, illness or another reason.
- A parent/guardian note or email applies to that day only.
- If a pupil can participate in some parts but not others, include this information in the communication.
- For an ongoing injury, contact Miss Vernon and the School Nurse so an appropriate plan can be considered.
- The School Nurse will be using a new system to inform the sports staff of any injuries or illness and this will work as a traffic light system.
- Pupils should visit the School Nurse at break or lunchtime where possible. Otherwise, they must report to PE/Games first and speak to a member of staff before visiting the Nurse.

What happens if a pupil is not participating?

- Pupils are generally expected to change into PE kit unless their injury or illness prevents this.
- Where appropriate, pupils remain with their group for the duration of the lesson or fixture.
- Where possible, pupils will have an alternative role, such as leading a warm-up, officiating, recording results or completing observation tasks.
- The School Nurse will advise PE staff on individual arrangements, including whether a pupil should rest in the sick bay or remain indoors to read or complete school work. This is at the School Nurse's discretion and applies to that occasion.
- Long-term injuries are managed case by case, with an individualised plan where appropriate.

Contacts

Miss Vernon: vernon.a@salisburycathedralschool.com
School Nurse: matron@salisburycathedralschool.com

5. Fixtures & SOCS

SOCS is the main source of fixture information for parents and pupils in Years 3–8. It includes team lists, venues, timings, cancellations and travel arrangements.

What you will find on SOCS

- Your child's individual fixture timetable.
- Team selection and fixture details.
- Venue and arrival/departure information.
- Cancellations or significant changes.
- Travel and collection arrangements where requested.

Parent checklist

1. Log in to SOCS using your parent account.
2. Open your child's individual timetable.
3. Select the relevant fixture.
4. If travel arrangements have been requested, use the consent/travel information box.
5. Select how your child will leave the fixture: "with school" or "with parent".
6. If no option is selected, we will assume your child is returning to school with the team.
7. Please try to refrain from emailing us about pick up and use SOCS to input this information. For any last minute changes please contact reception.

Important

We aim to publish fixture information as early as possible, but sometimes we are waiting for confirmation from the opposition. Please bear with us when information is not immediately available.

For significant last-minute changes, such as a sudden cancellation or change of venue, we aim to contact parents separately by email.

Team Sheet Viewer Password: SCSsport25!

SOCS parent account

Parents must first activate their SOCS account. Parents should use the email address held by the school on SchoolBase.

Parent activation/login: https://www.socscms.com/login/25493/parent/

6. Whole-School Sporting Pathway

At Salisbury Cathedral School, we believe every pupil should have the opportunity to develop, enjoy and excel in sport. Our **Whole-School Sporting Pathway** provides different levels of support and challenge, allowing pupils to progress according to their individual needs, interests and sporting potential.

At a Glance

Sporting Foundations
Build confidence, physical literacy and fundamental movement skills.

Performance Pathway
Develop pupils who demonstrate strong sporting ability or potential through additional challenge and opportunities.

Sports Scholarship Programme
Provide selected pupils with an enhanced programme focused on athletic development, performance and long-term sporting potential.

Sports Scholarship Programme

The **Sports Scholarship Programme** is the highest level of sporting provision at Salisbury Cathedral School. Selection takes place annually through a formal application and assessment process.

How does it work?

- Applications open during the **Lent Term**.
- Pupils complete a Sports Scholarship application form outlining their sporting achievements, commitment and aspirations.
- Shortlisted candidates are invited to attend a **Sports Scholarship Assessment Day**.
- Assessment includes practical activities, athletic testing and observation by members of the PE Department.
- Final decisions consider current performance, long-term potential, attitude, commitment and the ability to contribute positively to the sporting culture of the school.

What does the programme include?

Each scholar follows an individualised programme designed to support their athletic development and performance. This includes:

- Training Programme
- Strength & Conditioning
- Fitness Testing
- Nutrition & Diet
- Sleep Optimisation
- Mental Skills Training

Please note: There is no fee reduction for successful Sports Scholarship applicants.

Performance Pathway

The Performance Pathway is designed for pupils who demonstrate high levels of sporting ability or potential but are not currently Sports Scholars.

There is no application process. Pupils are identified by the Head of Sport and Games staff throughout the academic year.

Identification may be based on:

- Outstanding performances in school sport
- High levels of achievement in club, county or regional sport
- Demonstrated sporting potential in one or multiple sports
- Athleticism, physical literacy and coachability
- Commitment to training, fixtures and co-curricular sport

Pupils may move into or out of the Performance Pathway throughout the year as their development and sporting needs change.

The Performance Pathway is separate from the Sports Scholarship Programme. Sports Scholars follow their own enhanced programme and are not part of the Performance Pathway.

Sporting Foundations

Sporting Foundations provides additional support for pupils who would benefit from developing greater confidence, physical literacy and fundamental movement skills.

There is no application process. Pupils are identified by the Head of Sport and Games staff through observations in PE lessons, Games sessions and co-curricular activities.

The programme may support pupils in developing:

- Fundamental movement skills
- Agility, balance and coordination
- Throwing and catching
- Striking skills
- Physical literacy
- Confidence and engagement in physical activity

Sporting Foundations is a positive and supportive intervention, helping pupils develop the confidence and physical foundations needed to access a wider range of sporting opportunities.

Our Sporting Pathway

Our aim is to identify potential, nurture talent and support every pupil to make progress through sport. Pupils may access different areas of the pathway depending on their individual needs and development.

7. Clubs & Extra-Curricular Sport

The Sports Department aims to provide a wide range of extra-curricular opportunities throughout the year. These include activities delivered by SCS staff as well as external providers.

- Lunchtime and breaktime sports clubs.
- After-school clubs and training opportunities.
- Internal SCS-led activities.
- External-provider clubs advertised termly.

External clubs are advertised termly and can be booked through the parent portal on SchoolBase. Please also look out for opportunities in the weekly school newsletter and on Classlist.

We particularly encourage pupils who are keen to develop in a sport to explore opportunities outside school through local clubs and community programmes.

8. External Clubs & Community Links

SCS is fortunate to have strong links with the local sporting community. Regular participation outside school can be an important part of a pupil's long-term development, particularly for pupils considering future sporting scholarships.

Clubs with specific links to SCS

Club / Programme	Contact
Farley Cricket Club	ideweymarn@gmail.com
Salisbury Football Club	secretary.youth.salisburyfc@gmail.com
Salisbury Hockey Club	https://www.pitchero.com/clubs/salisburyhockeyclub2/
Victoria Park Tennis	mail@victoriaparktennis.org.uk
Bemerton Heath Harlequins	harlequinsyouthfc@gmail.com
BlueJays	bjnsecretary@outlook.com
City of Salisbury Athletic Club	membership@salisbury-arc.org
Riverside Tennis Club	riverside.ltc@gmail.com
Salisbury Rovers Football Club	https://www.salisburyroversfc.co.uk/
Salisbury Rugby Club	info@salisburyrfc.org
South Wilts Cricket Club	https://www.pitchero.com/clubs/southwiltscc2
Spire Reds Netball	https://www.spirereds.com/
Quad Kids	membership@salisbury-arc.org

Need help?

For advice about sporting opportunities, local clubs or the Sports Scholarship Programme, please contact Miss Vernon at vernon.a@salisburycathedralschool.co.uk.